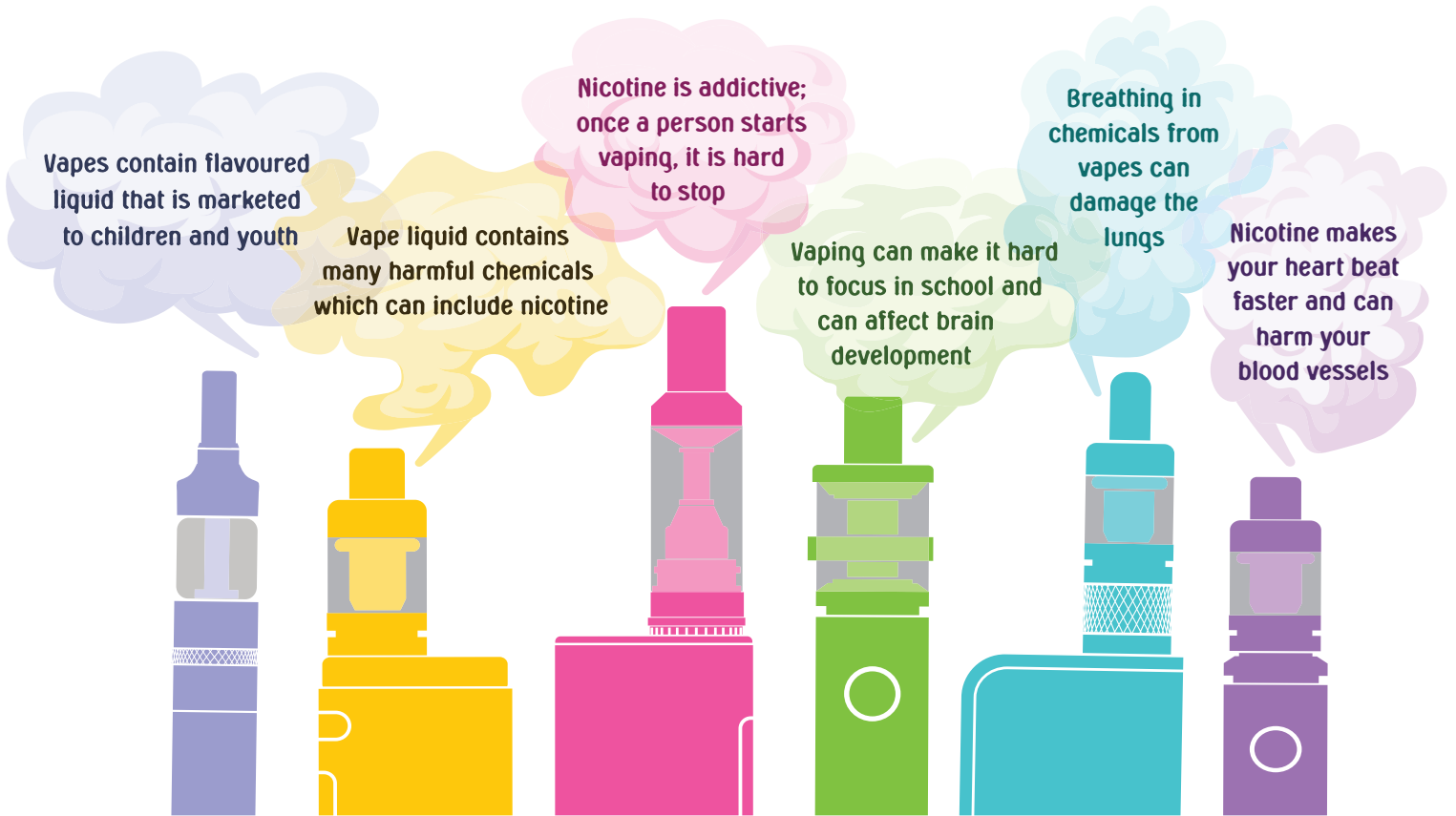


Vaping: Clearing the Air

You need accurate information to make good decisions, so get the facts on vaping and electronic cigarettes! Read more about the effects of vaping on your body and how it harms your health.



Vapes contain flavoured liquid that is marketed to children and youth

Vape liquid contains many harmful chemicals which can include nicotine

Nicotine is addictive; once a person starts vaping, it is hard to stop

Vaping can make it hard to focus in school and can affect brain development

Breathing in chemicals from vapes can damage the lungs

Nicotine makes your heart beat faster and can harm your blood vessels

Which one of the statements above do you connect with most and why?

Whom could you ask if you have questions about vaping?

