Nicotine is addictive; once a person starts vaping, it is hard to stop.
Breathing in chemicals from vapes can damage the lungs.
Nicotine makes your heart beat faster and can harm your blood vessels.
Vaping can make it hard to focus in school and can affect brain development.
Vape liquid contains many harmful chemicals which can include nicotine.
Vapes contain flavoured liquid that is marketed to children and youth.

Which one of the statements above do you connect with most and why?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Whom could you ask if you have questions about vaping?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________