

POWER'S OUT



Let's set the scene when there are no screens: the power's gone out on Halloween!

There's plenty of fun to be had without power, what would you do in the witching hour?

Here are some examples of activities that you can do when the power's out:

WHEN THE LIGHTS GO OUT, I CAN:

- 🕯️ Tell a spooky story by candlelight or flashlight
- 🕯️ Play a mystery board game
- 🕯️ Make a Halloween craft
- 🕯️ Make musical instruments and play them
- 🕯️ Play flashlight tag outside
- 🕯️ Collect objects from nature found outside
- 🕯️ Kick a soccer ball outside – use pumpkins as goal posts!
- 🕯️ Play tic-tac-toe with sidewalk chalk
- 🕯️ Colour a HeartSmart Kids™ at Home colouring sheet
- 🕯️ Make a healthy snack with friends and family
- 🕯️ Play hide-and-seek in your home or backyard
- 🕯️ Use old boxes and blankets to make a fort

What activities would you do?

Can you think of other things to do that don't require power and keep your brain and heart active?

1. _____	6. _____
2. _____	7. _____
3. _____	8. _____
4. _____	9. _____
5. _____	10. _____

